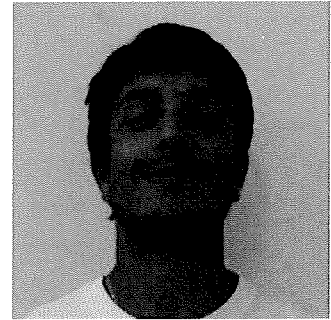




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Education

1. Current Phd in "Ciencias Actividad Fisica y Deporte", Universidad Pablo de Olavide, Sevilla.
2. Master in Sport nutrition of I.S.S.N. (International Society of Sport Nutrition).
3. Second degree in Scienze Dell'Alimentazione e Nutrizione Umana.
4. First degree in Sport Science.
5. ISAK, III level certification.

Current position

1. Nutritionist, in ACF Fiorentina, (September 2015)
2. Editorial Board Member in ARC Journal of Research in Sports Medicine.
3. Consultant nutritionist, in Savino Del Bene Volley (December 2021).
4. Review Editor for Exercise Physiology in Frontiers in Physiology (September 2022)

Previous position

1. Nutritionist, consultant in GSSI (Gatorade Sport Science Institute) for Italy (June 2018- June 2021)
2. Nutritionist, external consultant in Virtus Pallacanestro Bologna (August 2015 - December 2015)
3. Nutritionist, external consultant in Rugby Rovigo Delta (July 2013- June 2015)
4. Nutritionist, external consultant in A.S.D. Match Ball Firenze Country Club, Tennis Club (October 2014 December 2015).
5. Apprentice Nutritionist, Sport and Exercise Medicine Unit, Clinical and Experimental Department, University of Florence, Italy (May 2014 - June 2015).
6. Scholarship Holder in Sport Nutrition, Sport and Exercise Medicine Unit, Clinical and Experimental Department, University of Florence, Italy.
7. Nutritionist, in FIGC (Federazione Italiana Giuoco Calcio), in U21-U20 male soccer team (January 2017 – June 2022).

International paper

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International abstract

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Project

1. **Qatar National Research Fund (QNRF)**. QNRF Project #NPRP 6-1526-3-363 "A multi-continental approach to advance exercise methods and technologies to promote general health and sports performance". Consultant. Desde 01/04/2014 con una duración de 3 años que puede ser ampliada y subvencionado con \$1,048,788.00.

National paper

1. **Petri C**, Maurizi A, Coli R, Valigi A, Mascherini G, Stefani L, Galanti G "Alla ricerca di un'alimentazione idonea" SPORT & MEDICINA, vol. 3, 2014, p. 19-25, ISSN: 0392-9647.
2. Galanti G., Mascherini G., **Petri C**., Francini L. L'allenatore: "utilizzatore finale". L'allenatore Vol. 3, 2014, p. 33-38
3. Galanti G., **Petri C**., Mascherini G. "L'integrazione oggi". L'allenatore, 2015.

Poster

1. **C.Petri**, A. Maurizi, A. Valigi, Y. Fabbri, L. Stefani, G. Galanti, R. Coli "Valutazione dello stato di nutrizione di calciatori professionisti" , Poster del III° Congresso Internazionale e XXIV° Convegno Nazionale A.I.P.A.C., 26 Maggio 2014.
2. L. Francini, **C. Petri**, C. Castagna "Valutazione dei parametri bioimpedenziometrici in relazione allo stato di maturazione in giovani calciatori", Poster del III° Congresso Internazionale e XXIV° Convegno Nazionale A.I.P.A.C., 26 Maggio 2014.

Teaching

1. **C. Petri**, I. Scacciati, "La prescrizione dell'esercizio fisico nei pazienti oncologici: La valutazione dello stato di nutrizione antropometrico e di idratazione. Rilevazione di circonferenze, pliche cutanee e bioimpedenziometria. Uso del questionario alimentare, lettura del diario alimentare." Azienda Ospedaliera Universitaria Careggi, Corso di Formazione, Firenze, 23 - 29 Ottobre 2015.
2. **C. Petri**, "Estrategias nutricionales en un club de futbol profesional", Master de Preparacion Fisica y Redaptacion en FUTBOL, Univesidad Pablo De Olavide Sevilla, Sevilla 20 Novembre 2015.

3. **C. Petri**, Nutrition in the Sports Industry, Florence University of the Arts APICIUS–International School Of Hospitality from January 2018.
4. **C. Petri**, “L’alimentazione dello sportivo di alto livello”, (18hours of lessons), in Università degli Studi G. d'Annunzio Chieti e Pescara, Medicina e scienze dell’invecchiamento. 2019.
5. **C. Petri**, Sport Nutrition, Lorenzo De’ Medici The Italian International Institute, teach in season 2020-2021; 2021-2022.
6. **C. Petri**, “*Protocolo de suplementacion en el futbol e innovación gastronómica*”, XII Encuentro Nutrifarma I Encuentro Internacional, Sevilla 19 Noviembre 2022.

Communications in conference

1. **Petri C.**, “*Gli aspetti nutrizionali in età pediatrica con cenni alla gravidanza*” con argomento “Attività fisica nel bambino”, Medisalus, Via Finlandia 16, 50100 Firenze, il 7 Luglio 2013.
2. **Petri C.**, “*Il diabete, gli aspetti clinici e nutrizionali*” con argomento “Attività fisica nel diabete”, Medisalus, Via Finlandia 16, 50100 Firenze, il 14 Luglio 2013.
3. **Petri C.**, “*Sport e alimentazione*”, “I substrati energetici”, Medisalus, Via Finlandia 16, 50100 Firenze, il 21 Settembre 2013.
4. **Petri C.**, “*Corso magistrale annuale*”, “Analisi della composizione corporea”, Medisalus, Via Finlandia 16, 50100 Firenze, il 2 Novembre 2013.
5. **Petri C.**, “Analisi della composizione corporea”, “Corso di Laurea Magistrale Scienze dell’Alimentazione e della Nutrizione Umana”, Università degli Studi di Perugia, 8 Aprile 2014.
6. **Petri C.**, “*Corso magistrale annuale*”, “Analisi della composizione corporea- Casi clinici e parte pratica di bioimpedenziometria e plicometria -” Medisalus, Via Finlandia 16, 50100 Firenze, il 18 Maggio 2014.
7. Mascherini G, **Petri C.** “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione” Ecocity Expo Incontri di Nutrizione, Pisa 18 Settembre 2014.
8. **Petri C.**, “L’alimentazione dell’atleta, Ecocity Expo Incontri di Nutrizione, Pisa 18 Settembre 2014.
9. Mascherini, C. Petri “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione” ECO CITY EXPO FESTIVAL INTERNAZIONALE DELL’AMBIENTE E DELL’ECOLOGIA. Pisa 18 Settembre 2014
10. Galanti G, **Petri C.**, Mascherini G “L’importanza di una corretta alimentazione nel giovane calciatore” CONVEGNO ALIMENTAZIONE ED INTEGRAZIONE ALIMENTARE NEL GIOVANE CALCIATORE Panathlon Club Valdarno Superiore, Caviglia (AR) 22 Settembre 2014
11. **C. Petri**, Mascherini “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione, “Corso di Laurea Magistrale Medicina e Chirurgia”, Università degli Studi di Firenze. *Lezione di Medicina dello Sport*. 19 Dicembre 2014.
12. **C. Petri**, Mascherini “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione, “Corso di Laurea Triennale in Dietistica”, Università degli Studi di Firenze. *Lezione di Medicina dello Sport*. 14 Gennaio 2015.
13. **C. Petri** “Lifestyle and dietary habits in elite soccer players” VI EUROPEAN MEETING OF SPORTS MEDICINE AND EXERCISE, Firenze 26-27 Marzo 2015.
14. G. Galanti, **C. Petri**, G. Mascherini, L. Many, “*Level of physical activity and eating habits in youth*” “*Food for Life, Physical Activity for Health*”, EXPO MILANO 2015, PADIGLIONE ISRAELE, Milano 31 Agosto 2015.
15. **C. Petri**, Mascherini “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione, “Corso di Laurea Triennale in Dietistica”, Università degli Studi di Firenze. *Lezione di Medicina dello Sport*. 7 Ottobre 2015.
16. L. Toncelli, **C. Petri**, G. Mascherini “Stile di vita nei giovani” I° INCONCTRO DI NUTRIZIONE SPORTIVA, Firenze 30 Ottobre 2015.
17. **C. Petri**, Mascherini “Stato di nutrizione antropometrico e nuove metodologie sull’idratazione, “Corso di Laurea Triennale in Fisioterapia”, Università degli Studi di Firenze. *Lezione di Medicina dello Sport*. 15 Gennaio 2016.
18. **C. Petri**, Mascherini “La gestione nutrizionale in una squadra di élite”, “VII EUROPEAN MEETING OF SPORTS MEDICINE AND EXERCISE, Firenze 23-24 Marzo 2016.

19. **C. Petri** "Integratori e idratazione", "MEDICINA DELLO SPORT E PALLAVOLO: DALLA PREVENZIONE ALLA TRAUMATOLOGIA", Scandicci (Firenze), 8 Ottobre 2016.
15. **C. Petri**, Mascherini "Stato di nutrizione antropometrico e nuove metodologie sull'idratazione "Corsi di Laurea Magistrale in Scienza e Tecnica dello Sport", Università degli Studi di Firenze. *Lezione di Medicina dello Sport*. 15 Novembre 2016.
16. L. Pengue, **C. Petri** " Esperienze pratiche nel campionato italiano" "XXXV Congresso Nazionale della Federazione Medico Sportiva Italiana, Workshop Uliveto. 1 Dicembre 2016, Roma.
17. **Petri C.** "Sport nutrition: myths and reality." XVII Congress of Food and Nutrition | I International Congress of Food and Nutrition | Portuguese Association of Nutrition. Lisbon 10 May 2018.
18. **Petri C.** "Monitoraggio dello stato di condizione del calciatore: dal centimetro alla DEXA" | I° Seminario sulla nutrizione | L'evoluzione nutrizionale nel calcio: fasi evolutive e diversità di genere" Coverciano, 15 Ottobre 2018.
19. **Petri C.** "Evaluations of body composition in elite soccer players" in 1st Annual ISSN Italy Conference , 3rd Sport Nutrition International Conference, Bologna, 30 Novembre 2018.
20. **Petri C.** "New equation to estimate body fat mass in international elite soccer referees". ISENC 2019 (International Sport + exercise nutrition conference), Newcastle, 17 Dicembre.
21. **Petri C.** "Analisi della composizione corporea: metodi e riferimenti nei diversi sport", SLAM Sport nutrition Summit, 14 Febbraio 2020.
22. **Petri C.** "Body fat assessment in elite soccer players" 4th Nutrition in Athlete Development Hybrid Summit, Barcelona 23-24 November 2021.
23. **Petri C.** "Gestione della ristorazione degli atleti d'élite – nutrizionista & chef", SLAM Sport nutrition Summit, 10 Settembre 2022.
24. **Petri C.** "Return to Play in Elite Soccer Players – Nutritional consideration, " Return to Play in Elite Football Online event, 8 November 2022.
25. **Petri C.** "Valutazione antropometrica ISAK, " SLAM Sport nutrition Summit, 9 September 2023.

Awards

1. First prize for best abstract entitled "Lifestyle in young population" (Petri Cristian, Mascherini Gabriele, Calà Piergiuseppe, Galanti Giorgio) presented in 116° Congresso Nazionale della Società Italiana della Medicina Interna (Rome 10-12th October 2015).

Cristian Petri

